
Nicole Bilek

Strengths Insight Report

SURVEY COMPLETION DATE: 07-25-2019



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Nicole Bilek

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Your Top 5 Themes

1. Empathy
2. Relator
3. Activator
4. Adaptability
5. Responsibility

Empathy

SHARED THEME DESCRIPTION

People exceptionally talented in the Empathy theme can sense other people's feelings by imagining themselves in others' lives or situations.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you notice that people feel comfortable telling you their innermost thoughts and feelings. Often you sense the moods of individuals without them having to say a word. As a result, you can ask questions and broach — that is, bring up and introduce — topics with people who are naturally reserved, timid, or shy. Because of your strengths, you routinely give yourself credit for overcoming problems or conquering obstacles. Your ability to find solutions contributes to your optimistic attitude. You often notice individuals who are defeated by life's challenges. You want to help them better cope with their difficulties. When you can encourage people to take action, they are apt to feel much better about themselves and life in general. Chances are good that you cause others to pay attention to their innermost thoughts and feelings. People are confident of your ability to exercise good judgment and common sense. Many people trust you to keep to yourself whatever they choose to share. Your capacity to imagine their situations and be sensitive to their needs allows individuals to unburden themselves. You listen. You customarily acknowledge their unique circumstances. By nature, you are enthusiastic about life when individuals trust you enough to share their most personal thoughts or feelings. It's very likely that you intuit — that is, know without conscious reasoning — how individuals with very different work styles or personalities can complement each other. Understandably, you reject the idea of forcing everyone to rely on the same plans, methods, or resources to overcome obstacles. Often you search for ways people can use their talents to resolve issues. In the process, they are likely to move closer to worthwhile goals.

Relator

SHARED THEME DESCRIPTION

People exceptionally talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

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YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you sometimes use sound reasoning to identify the basic components of a complicated situation, process, event, or decision. Perhaps you describe certain types of intricate things in ways that people can easily understand. Occasionally you direct their attention to specific points. You might avoid overwhelming particular individuals with every fact or detail you know. Chances are good that you definitely enjoy sharing your point of view with individuals who ask, "What do you think?" Certain visionary thinkers might turn to you to test their ideas about what can be accomplished in the coming months, years, or decades. Because of your strengths, you might help people grasp elaborate or complicated ideas, processes, theories, or rules. Maybe you intentionally use easy-to-understand words and phrases. Driven by your talents, you have close companions who frequently seek your guidance. You help them find answers to their personal and professional problems. This makes you a valuable friend. Instinctively, you trust your intuition about what someone is thinking, feeling, or needing. You realize that the answers and solutions to many problems spontaneously reveal themselves to you. Your friends frequently ask what you would recommend. They often seek your guidance.

Activator

SHARED THEME DESCRIPTION

People exceptionally talented in the Activator theme can make things happen by turning thoughts into action. They want to do things now, rather than simply talk about them.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you excel at launching new projects, assignments, jobs, and other activities. Many times, you are the person who motivates people to begin tasks. You prefer difficult-to-reach goals. You prefer to take charge. You forge ahead rather than wait for someone in authority to give you permission to start. It's very likely that you make people feel valued by listening carefully to what they are saying. Later you can refer to one of their key thoughts or questions. This simple act tells individuals that you take seriously what they say. When you can contribute to someone's sense of well-being, your own life becomes much more satisfying. Chances are good that you probably feel jubilant about life when you can lead the charge, design the project, roll out the program, or rally people to work on a worthy cause. Because of your strengths, you like to make your own choices. Once you have settled on a goal, you are eager to reach it. By taking charge, you probably notice that

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various parts of your life become more interesting or satisfying. By nature, you derive much joy from starting new projects, jobs, or courses of study. Before moving ahead, you automatically think about the things you need to upgrade, perfect, or do better.

Adaptability

SHARED THEME DESCRIPTION

People exceptionally talented in the Adaptability theme prefer to go with the flow. They tend to be “now” people who take things as they come and discover the future one day at a time.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you sometimes monitor progress and adjust your plans for the coming months, years, or decades. Perhaps you expect the unexpected. You might prepare for the future by taking time to think about it. You may be a flexible rather than rigid organizer. Some people might admire your ability to reach long-term objectives with apparent ease. Because of your strengths, you generally let the pressures of each day determine what you need to revise, correct, repair, remodel, upgrade, revamp, or rework. Driven by your talents, you realize that each day offers its own surprises. You trust you can handle whatever occurs. Even when you do not know exactly what to do, you probably know someone who does. You have an uncanny ability to easily and cooperatively proceed in the direction in which other people and processes are moving. By nature, you avoid individuals who work non-stop, never taking a break. You refuse to rush headlong from one activity to the next. You are quite comfortable dealing with change, surprises, and unexpected problems. Why? While you appreciate schedules and plans, you recognize when it is wise to deviate — that is, turn away — from them. Instinctively, you traditionally decide all is well in your life when you allow each day to unfold on its own terms. You are apt to feel restricted or boxed in by people who force you to adhere to their plans, processes, rules, or procedures. You often argue that human beings must be flexible as they plan for the future. Why? Life is filled with constant surprises and change. You are determined to avoid creating undue stress for yourself and others by acknowledging this simple fact.

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Responsibility

SHARED THEME DESCRIPTION

People exceptionally talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you experience pangs of remorse when you realize you failed to do something you promised to do. You feel awful when you do not do something correctly. You probably regret having compromised your basic values about right and wrong. Instinctively, you possess an inner drive to attain your high standards of excellence. Satisfying work and a passion for accountability fuel your zeal to do things very carefully. You want others to view you and your work favorably. By nature, you might shoulder your obligations and duties with relative ease. You might be motivated to behave in ways that cause individuals to say you are dependable. Driven by your talents, you are happier with your own life when acquaintances or friends acknowledge your constructive behavior. They probably count on you to handle important as well as mundane tasks. Some automatically trust you. Why? They realize you are serious about meeting deadlines, keeping promises, and paying attention to details. It's very likely that you might be an individual performer who wants to be held accountable for certain results. Why? You might accomplish a bit more when expectations are established. You sometimes set expectations for yourself when no one else does.

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